



The Athlete's Code of Conduct

The Athletes' Code of Conduct applies to all individuals who participate in Modern Pentathlon as an athlete (under the age of 18 years) at every level. If the code is breached and reported, all complaints and allegations will be acted upon accordingly.

As a responsible athlete you will:

- Treat others with the same respect and fairness that you wish to receive
- Uphold the same values off the field as you do when engaged in Modern Pentathlon events
- Anticipate your own needs, be organised and on time
- Thank those who help you participate in Modern Pentathlon
- Inform your coach of any other coaching you receive, especially in the same discipline
- Show patience with and respect diversity in others
- Act with dignity at all times
- Notify a responsible adult if you have to go somewhere (why, where, and when you will return)
- Not respond if someone seeks private information, unrelated to Modern Pentathlon e.g. home life
- Strictly maintain a clear boundary between friendship and intimacy with a coach, official or other person with whom you work
- Never accept lifts in cars or invitations into homes on your own or without the prior knowledge and consent of your parent/carer
- No agree to one-to-one coaching without parental consent via a completed Informed Consent Form.
- Use safe transport or travel arrangements
- Avoid destructive behaviour and leave training and event venues as you find them
- Never engage in any illegal or irresponsible behaviour including use of performance enhancing drugs
- Challenge anyone whose behaviour falls below the expected standards
- Speak out immediately if anything makes you concerned or uncomfortable (telling your parents/carers and or the Club/Regional/National Welfare/Safeguarding Officer) or if you suspect a club mate has suffered from misconduct by someone else

Prohibited Practice – Athletes will NOT

- Smoke at training/coaching events or competitions
- Consume alcohol or illegal substances of any kind on the club premises or whilst Taking part in *Pentathlon GB* events.
- Use foul, sexist or racist language or gestures at any time
- Condone behaviour that contravenes the codes of conduct or prohibited practice
- Use illegal or dangerous tactics

World Class Talent and Development Programme Athletes

The Players Code of Conduct applies to all WCT&D Programme athletes in addition to their Athletes’ Charter

I understand and agree to abide by the terms of this Code. I understand that breaches of these terms may result in disciplinary action.

Signed by

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Signature (Athlete)

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Print Athlete’s Name

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Date

Policy Name: Athlete’s Code of Conduct
Date of Origination: August 2008
Effective From: August 2008
Reviewed & Amended: August 2012
Applicable to: All Athletes
Author: Lead Child Protection Officer adapted from UK Athletics
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